

Exclusive ETHICS + ESSAY

PROGRAM FOR Mains 26-27-28

60 Ethics Themes
90 Essay Practices

6 Months Validity
Online / Offline
Classes

Classes
+
Test Series
+
Mentorship



Our Faculty



Vishnu Vardhan Sir
Ethics
14+ Years of Experience



Saumya Pande ma'am
Ethics & Philosophical Essay
8+ Years of Experience



Bharath Sir
Essay
10+ Years of Experience



Yogesh Kottawar
Essay
8+ Years of Experience

BATCH STARTS FROM **25th AUGUST 2025**



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Our Website
www.vishnuias.com



Gandhi Nagar,
Hyderabad

FEATURES OF THE COURSES

1. All PYQ's from 2015-2024 – 10 years will be covered
2. High Focus on examples (New Examples)
3. 30 philosophical Essay Themes
4. 30 Standard Essay Themes
5. Essay – Total 10 tests – 5 tests with evaluations
6. Ethics – Total 5 tests with evaluations
 - 2 Sectional tests on Essay Theory
 - 1 sectional test on case studies
 - 2 Full length Tests
7. Ethics & Essay Writing sessions by Sai chaitanya (68)
8. Personal mentorship by Vishnu sir & Sowmya Pandey ma'am

ETHICS SCHEDULE -AUG,SEP

SL. NO.	LECTURE / TEST	TOPICS
1	Lecture 01	Ethics terminology
2	Lecture 02	Ethics terminology
3	Lecture 03	Great personalities and their contributions
4	Lecture 04	Indian Philosophers

5	Lecture 05	World Philosophers
6	Lecture 06	Civil services values
7	Lecture 07	Civil services values & content of public Service
8	Lecture 08	Values of public Administration
9	Lecture 09	Values of public Administration
10	Lecture 10	Ethical concerns in public institutions
11	Lecture 11	Ethical concerns in private institutions
12	Lecture 12	Ethics in public & private
13	Lecture 13	Aptitude and foundational values
14	Test 01	Concepts from Lectures 1 to 13
15	Lecture 14	Ethics in international relations

16	Lecture 15	Ethical issues in social issues
17	Lecture 16	Ethical issues in social issues
18	Lecture 17	Corporate governance
19	Lecture 18	Emotional intelligence
20	Lecture 19	Role of family, society and attitude
21	Lecture 20	Arc, Nrcwc recommendations
22	Lecture 21	Case studies with specific Themes
23	Lecture 22	Case studies with specific Themes
24	Lecture 23	Case studies with specific Themes
25	Test 02	Concepts from Lectures 14 to 23
26	Lecture 24	Case studies with specific Themes

27	Lecture 25	Case studies with specific Themes
28	Lecture 26	Case studies with specific Themes
29	Lecture 27	Case studies with specific Themes
30	Lecture 28	Case studies with specific Themes
31	Lecture 29	Case studies with specific Themes
31	Lecture 30	Case studies with specific Themes
32	Test 03	Concepts from Lectures from 24 to 30
33	TEST - 04	FULL LENGTH TEST
34	TEST - 05	FULL LENGTH TEST

Philosophical / Abstract Essay Themes (with Justification)

S. No.	Essay Theme	Reason for Inclusion
01	Not everything that is faced can be changed, but nothing can be changed until it is faced.	Develops resilience, personal responsibility; aligns with ethical governance and reform movements.
02	The pursuit of truth in an age of opinion.	Relevant to post-truth world, fake news, and democratic discourse.
03	Courage in silence is louder than words.	Promotes internal strength, stoicism; linked to Gandhian philosophy.
04	Mind is a powerful servant but a dangerous master.	Useful for psychological and moral interpretation in public life.
05	Progress is meaningless without purpose.	Tests ability to link growth and development with ethics.
06	Happiness is not an end, but a way of life.	Inspired by Bhutan's GNH, Indian philosophy, and modern mental health discourse.
07	Technology gives us power, but wisdom gives us direction.	Encourages ethical reflection on AI, biotechnology, surveillance.
08	Injustice anywhere is a threat to justice everywhere.	Martin Luther King quote—ideal for discussing global justice and constitutional morality.
09	The journey from information to transformation.	Relevant to education reforms, digital literacy, civil service values.

10	Freedom is not the absence of constraints but the presence of choices.	Explores philosophical understanding of liberty; links with GS2 themes.
11	We are not only responsible for what we do, but also for what we do not do.	Raises the issue of passive compliance; relevant for ethics and public administration.
12	When morality sleeps, legality cannot awaken justice.	Ideal for exploring morality vs legality, judicial role, civil society.
13	The strength of a nation lies in the character of its citizens.	Civic sense, citizenship values, and participatory democracy.
14	Development divorced from ethics is a recipe for disaster.	Links to environmental degradation, corporate irresponsibility, disasters.
15	To be truly educated is to learn how to think, not what to think.	Powerful for education reform discourse, NEP 2020 relevance.
16	Compassion is the foundation of a just society.	Philosophical grounding for welfare policies, inclusive governance.
17	You cannot step into the same river twice: the only constant is change.	Drawn from Heraclitus; tests ability to relate philosophical insight to policy dynamism.
18	The power of solitude in an age of noise.	Relevant for the digital age, distraction, mental health concerns.
19	Civilization is the triumph of cooperation over competition.	Encourages reflection on evolution, cooperation, multilateralism.
20	Hope is a discipline, not just a feeling.	Encourages resilience and planning; links to public administration and development discourse.

21	Power tends to corrupt, and absolute power corrupts absolutely.	Classic theme to explore leadership, ethics, governance.
22	Character is what you are in the dark.	Great for discussing integrity in public life and personal ethics.
23	Democracy without values is merely a form without substance.	Links with electoral reform, populism, constitutional morality.
24	Real growth begins when comfort ends.	Motivational; relates to entrepreneurship, reform challenges.
25	The paradox of choice: more freedom, less happiness?	Encourages philosophical and psychological analysis; links to consumerism.
26	Rights and duties: two sides of the same coin.	Directly related to constitutional values (Art. 51A).
27	Conscience is the voice of the soul.	Best for GS IV and ethical dilemmas in public service.
28	Success is not final, failure is not fatal: it is the courage to continue that counts.	Useful for linking life, civil services, and public leadership.
29	Forgiveness is the fragrance that the violet sheds on the heel that has crushed it.	Moral and emotional depth; apt for exploring conflict resolution, peace.
30	Being human in a world that values doing.	Reflects modern work-life crisis, AI-age existentialism, and humanism.
31	In the age of information, wisdom lies not in knowing everything, but in knowing what matters.	Encourages reflection on digital overload, priorities, and critical thinking.

32	Technology should amplify human potential, not replace human purpose.	Ideal for ethics in tech, human-centric development.
33	Privacy in the digital age is not about hiding, but about preserving human dignity.	Focus on rights, dignity, and digital citizenship.
34	Social media: Connecting minds or fragmenting society?	Offers scope for analysis of social cohesion, misinformation, echo chambers.
35	True leadership is not about being in charge, but taking care of those in your charge.	Relates to moral leadership, empathy, and governance.
36	In times of uncertainty, doing nothing is also a decision.	Philosophical reflection on decision-making and risk aversion.
37	Crisis reveals character; response defines legacy.	Ideal for discussing leadership in crisis, civil services, disaster response.
38	Perfect is the enemy of good in governance.	Practical governance challenges, policy paralysis, reform implementation.
39	Education is not filling a bucket, but lighting a fire.	Reinforces constructivist education and NEP philosophy.
40	Skills without values create clever devils, not good citizens.	Links with value-based education and ethical skills.
41	Learning is not a destination but a lifelong journey.	Encourages continuous learning in a dynamic society.
42	Innovation without implementation is mere imagination.	Focus on governance execution, public policy, entrepreneurship.

43	Mental health is not a luxury, but a fundamental requirement for human potential.	Highly relevant post-pandemic; links to SDGs, youth, and productivity.
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Static / Current-Affairs-Based Essay Themes (with Justification)

S. No.	Essay Theme	Reason for Inclusion
01	India at 75 and beyond: Towards a resilient, inclusive democracy.	Azadi Ka Amrit Mahotsav theme; UPSC 2022 Paper reference.
02	Artificial Intelligence: Tool for empowerment or instrument of displacement?	Builds on AI debate, balancing productivity with ethical displacement concerns.
03	Digital India: Bridging divides or creating new digital inequalities?	Directly tied to Digital India Mission; addresses access and inclusion.
04	Climate change and environmental justice: A challenge of equity.	COP summits, climate financing, Loss and Damage fund debate.
05	Climate action is not a cost to development, but an investment in survival.	UN climate summits, India’s renewable push—timely and relevant.
06	Sustainable development: Meeting today's needs without mortgaging tomorrow's possibilities.	Directly from SDG discourse; enables ethical, intergenerational analysis.
07	The future belongs to those who understand that economy and ecology are allies, not enemies.	Reconciles green growth and economic policies.

08	Green growth is not an oxymoron; it's the only path forward.	Recent government push for Green Hydrogen and ESG metrics.
09	Environmental protection is not a luxury for the rich, but a necessity for survival.	Discusses justice, climate vulnerability, eco-sensitivity.
10	Development vs. Displacement in Modern India.	River linking, dam protests, land acquisition issues.
11	Water security in India: Crisis of policy or implementation?	Jal Shakti Abhiyan, groundwater depletion, river interlinking.
12	Public health in India: From reactive policy to resilient systems.	COVID aftermath, One Health, AB-HWCs.
13	Social justice delayed is democracy denied.	Reflects urgency in welfare implementation, judicial delays.
14	Equality of opportunity is meaningless without equity of access.	Differentiates formal and substantive equality—affirmative action relevance.
15	A society's greatness is measured by how it treats its most vulnerable members.	Universal value-based theme; relevant to welfare, health, poverty.
16	Economic growth without social progress is hollow prosperity.	Balancing GDP with HDI, social indicators, redistribution.
17	Youth are not just the leaders of tomorrow, but the changemakers of today.	Reflects role of youth in civic movements, innovation, politics.
18	Globalization in retreat: Redefining India's economic role.	Reshoring, WTO crises, Global South assertiveness.

19	India's demographic dividend: Boon or ticking time bomb?	India's youth bulge vs. unemployment crisis.
20	Elections and ethics: The challenge of money and muscle power.	Electoral Bonds, ECI reforms, criminalisation of politics.
21	Free speech vs. hate speech: Navigating the thin line.	New IT Rules, SC cases, hate speech incidents.
22	Populism vs. Constitutionalism: The new political fault line.	Rise of populist leaders globally and institutional erosion.
23	India's foreign policy in a multipolar world.	India's stance on Russia-Ukraine, QUAD, SCO, BRICS+.
24	The future of multilateralism in a fractured global order.	UN reform, G7/G20 role, climate/health diplomacy.
25	One Earth, One Family, One Future: Realizing Vasudhaiva Kutumbakam.	G20 Indian Presidency theme—2023.
26	Artificial boundaries and real conflicts: The geopolitics of borders.	LAC standoff, maritime disputes, Israel-Palestine.
27	Reforming the criminal justice system: Speed vs. justice.	Bharatiya Nyaya Sanhita, prison reforms.
28	Federalism in India: Tensions, challenges, and the road ahead.	Delhi Ordinance Bill, GST Council disputes, Governor issues.
29	The role of civil society in strengthening democratic institutions.	NGO restrictions, RTI activism, Manipur, Shaheen Bagh.

30	Digital governance and the ethics of surveillance.	Post-Aadhaar, Pegasus, DPDP Act 2023.
31	Data privacy in the age of surveillance capitalism.	DPDP Act, data localization, Big Tech scrutiny.
32	India's urban paradox: Engines of growth or cauldrons of inequality?	Smart Cities, urban flooding, migrant workers.
33	From women's empowerment to gender justice: A long road ahead.	UCC, Nari Shakti Vandan Adhiniyam, workplace inequality.
34	Reimagining education in the post-pandemic world.	EdTech boom, NEP, learning loss.
35	Education is not filling a bucket, but lighting a fire.	NEP vision; creativity over rote learning.
36	Skills without values create clever devils, not good citizens.	Ethical education discourse; GS-IV relevance.
37	Good governance is measured not by promises made, but by problems solved.	Action-oriented governance; policy effectiveness.
38	Transparency without accountability is just noise.	Governance reform; citizen participation.
39	In democracy, power belongs to people; in good governance, service belongs to leaders.	Ethical leadership and public administration.
40	The best policies are those that work for the last person in the queue.	Gandhian talisman; inclusion focus.

41	True progress is measured not by how fast we move forward, but by how many we bring along.	Inclusive development lens; SDG linkage.
42	Technology and unemployment: Disruption or opportunity?	AI, automation, skilling challenge.
43	India's digital revolution and the challenge of digital divide.	BharatNet, 5G, NEP digital gaps.
44	Science and ethics: Navigating the frontier of biotechnology.	GM crops, CRISPR, gene editing, bioethics.
45	Innovation without implementation is mere imagination.	Reflects India's startup culture and policy execution.
46	The ethics of public service: Balancing efficiency and empathy.	GS-IV theme; citizen-centric administration.
47	Mental health is not a luxury, but a fundamental requirement for human potential.	Pandemic learnings; youth focus; workplace wellness.



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OUR RANKER Reviews




02/09/2024
Hyderabad

I am SaiChaitanya Jadhav. I secured AIR 68 in Civil Service Examination 2024. I would like to thank Vishnu Sir who had made to secure this Rank. Sir's Contribution in my success stems from giving me personal guidance & evaluating my test series. Sir even provided me personal support in other tests like Essay & Ethics by relevant inputs wherever required. Sir even given me guidance during Interviews for all my questions with regards to my MAF. I would like to show my gratitude to Vishnu Sir personally for enabling me to get Rank of 68.

SaiChaitanya Jadhav
AIR 68 2024



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AIR 68

SAICHAITANYA JADHAV
Hall Ticket No: 1029720

Anthropology Marks

283/500

UPSC CSE 2024

Ranker's Testimonial


★★★★★



I've been associated with Vishnu Sir's Anthropology Guidance Program since 2021. Coming from an electrical engineering background, his teaching made the transition to Anthropology smooth and effective. His mentorship and test series played a key role in my UPSC journey, and I'm truly grateful for his support in helping me secure a rank.

AIR 445
UPSC CSE 2024
SHAMBAVI

★★★★★



After two failed attempts with Medical Science, I was ready to quit UPSC. Joining Vishnu IAS and receiving personal guidance from Vishnu Sir changed everything. His constant support, paper evaluations, and mentorship helped me stay on track—and ultimately secure a rank.

AIR 797
UPSC CSE 2024
PRATUISH

★★★★★



Vishnu Sir's guidance helped me immensely in refining my answers and mastering key Anthropology topics. With his support, I was able to complete my preparation well before the exam. His mentorship played a crucial role in helping me secure a good rank. I'm truly thankful to him.

AIR 451
UPSC CSE 2024
PREETHI

★★★★★



Mental strength is crucial for UPSC preparation. Vishnu Sir's mentorship helped me refine my answers and gain clarity in Anthropology. With his support, I finished my preparation well in time and secured a good rank. Truly grateful to him.

AIR 263
UPSC CSE 2024
PREETHI A C


★★★★★



Vishnu Sir Helped me in guiding Anthropology Optional, Sir guided me in Interview-2020 & 2022. My Rank is mainly because of marks I secured in Anthropology Optional.

AIR 3
UPSC CSE 2022
UMA HARATHI N

★★★★★



I got Anthropology Optional & Interview mentorship from Vishnu Sir. Last year I got 226 marks and this year I got 325. This 100 marks jump in Anthropology is responsible for my AIR 110. I am Very much thankful to Vishnu Sir for helping me in Anthropology.

AIR 110
UPSC CSE 2022
NIDHI PAI

★★★★★



Vishnu sir played a phenomenal role in my preparation through his guidance for anthropology and general studies. Vishnu sir is accessible 24*7 throughout my preparation. Surely, Vishnu sir has a special role in making me a civil servant. I thank sir and the whole Vishnu IAS team for playing a pivotal role in my success.

AIR 148
UPSC CSE 2023
ASWIN


★★★★★



Vishnu Sir is known for his accessibility. Sir motivated me a lot with one-to-one mentorship session helped me to clear UPSC CSE with an AIR 196 couldn't have been done without Sir, Vishnu Vardhan Sir is supportive and always motivated. Thank you sir

AIR 196
UPSC CSE 2022
AKSHAT DEEPAK

★★★★★



I am a student of the Anthropology 2023 batch. I have got almost every question covered through the material that sir had provided. Actually I missed 20 marks questions in this year's Mains anthropology paper. When I came back home I searched for the answers to those questions and they are present in sir's material. Don't take that material lightly, please have confidence in Vishnu sir's material use it, revise it multiple times. You will definitely see the difference in your marks. Thank You Vishnu IAS Academy

AIR 862
UPSC CSE 2023
PRATHIK

★★★★★



My Association with Vishnu IAS Academy started in 2021. I took GS prelims classes in 2021. After that by seeing the quality of classes and Vishnu Sir's anthropology positive feedback from students, I took Anthropology foundation course (AFC) from Vishnu Sir and his guidance and mentorship have helped me to clear civil services. Thank you Vishnu IAS Academy

AIR 914
ANU PRIYA

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AIR-3, CSE 2022



AIR 68

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HIGHEST SCORE IN
ANTHROPOLOGY

283 MARKS

SAI CHAITHANYA JADHAV



AIR-110, CSE 2022

HIGHEST SCORE IN
ANTHROPOLOGY

325 MARKS

AIR 110 NIDHI PAI

HIGHEST SCORE IN
ANTHROPOLOGY

326 MARKS

SIRISETTI SANKEERTH



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AIR 59

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AIR 68

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AIR 231

CHARANTEJA.N
IGM



AIR 263

PREETHI A C
ATS



AIR 277

SRAJIT KUMAR
IGM



AIR 329

PANKAJ PATLE
IGM



AIR 400

KRITIKA NOGRAIA
AFC



AIR 429

NADIYA
ATS & IGM



AIR 445

SHAMBAVI
AFC



AIR 451

PREETHI
IGM



AIR 613

GAURAV PATIL
AFC



AIR 647

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AIR 903
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AIR 243
KASIRAJ SAHITYA



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AIR 243
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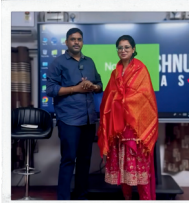
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Symbol of Success with Commitment,
Hardwork and Mentorship as Tools

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