

# DECODE ANTHROPOLOGY

Ace UPSC with Vishnu IAS Academy



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**Inauguration of Complete Anthropology book by India's biggest Publications Mc Graw Hills by Telangana Dpy CM Mallu Batti Vikramarka**

## OUR COURSES

### UPSC CSE

- GS - Super 50 PCM Batch
- Prelims Test Series (PPP)
- Anthropology Full Course
- Sociology Full Course
- PSIR Full Course
- NCERT Bridge Course
- Mains Test Series (MOM)
- Anthropology Test Series
- Sociology Test Series
- PSIR Test Series

### TGPSC GROUP-1

- Prelims Test Series
- General Essay
- Telangana Modules
- PCM Batch
- Mains Test Series
- Rapid Revision Program
- Data Interpretation

### APPSC GROUP-1

- Prelims Test Series
- AP Module
- PCM Batch
- Mains Test Series
- General Essay



## Anthropology: What Is It All About?

Anthropology is the scientific study of humans, their origins, development, and cultural diversity across time and space. It explores how societies evolve, how human beings adapt to different environments, and how culture, biology, and history shape human life.

In the context of the UPSC Civil Services Examination (CSE), Anthropology is a popular optional subject due to its logical nature, well-defined syllabus, and scoring potential.

## Key Areas Covered in Anthropology:

- ✦ **Physical Anthropology** – Human evolution, genetics, and biological adaptations.
- ✦ **Social Anthropology** – Study of cultures, traditions, kinship, and social institutions.
- ✦ **Archaeological Anthropology** – Prehistoric cultures, stone tools, and early civilizations.
- ✦ **Tribal & Indian Anthropology** – Understanding India's tribal communities, their socio-economic development, and policies affecting them.



## Why Do We Need to Learn Anthropology?

- **Understanding Human Evolution and Diversity:** Anthropology helps us trace human evolution, studying how different populations adapted to their environments over thousands of years. It explains biological diversity, genetic traits, and cultural variations, fostering a deeper appreciation of human differences and commonalities.
- **Exploring Society and Culture:** It provides insights into how human societies are structured, examining customs, traditions, kinship systems, and social institutions. Understanding cultural practices and social norms enables us to appreciate different ways of life and how they influence human behavior.
- **Anthropology's Role in Policy and Governance:** Governments and policymakers use anthropological knowledge to design effective policies for tribal welfare, social justice, and minority rights. It plays a key role in governance by offering solutions for inclusivity, cultural preservation, and community development.
- **Contribution to Health and Medicine:** Medical anthropology helps in understanding disease patterns, traditional healing systems, and the impact of culture on healthcare. By studying how different societies approach health and wellness, it aids in improving public health strategies and medical outreach programs.
- **Importance in Forensics and Law:** Forensic anthropology is crucial in solving criminal cases, disaster victim identification, and legal investigations. By studying human remains, forensic anthropologists assist law enforcement agencies in uncovering crucial evidence.



- **Role in Business and Market Research:** Anthropology is increasingly used in corporate sectors to study consumer behavior, design products, and develop effective marketing strategies. Understanding cultural and social influences on buying patterns helps businesses connect better with diverse audiences.
- **Relevance for UPSC and Administration:** UPSC aspirants benefit from anthropology as it covers topics related to Indian society, governance, and social structures. The subject overlaps with key areas of the exam, making it useful for policy analysis, governance models, and public administration.
- **Understanding Global Challenges:** Anthropology provides insights into pressing global issues such as climate change, migration, human rights, and conflicts. By studying past and present societies, it helps in developing sustainable solutions for global problems.

## Why Choosing Anthropology is Best for UPSC?

- **Overlaps with General Studies & Essay:** Anthropology significantly helps in GS Paper 1 (Indian Society & Tribal Issues), GS Paper 3 (Science & Technology, Environment), and is useful for writing well-structured essays, particularly on socio-cultural and developmental topics.
- **Helps in Interview (Personality Test):** A strong foundation in Anthropology enables candidates to analyze social, cultural, and governance-related issues effectively. This broad perspective enhances confidence and articulation in the UPSC interview.



- **No Prior Background is Needed:** Anthropology is a conceptual and scientific subject that does not require prior specialization, making it an excellent choice for students from diverse academic backgrounds.
- **High Scoring with a Well-Defined Syllabus:** Anthropology has a structured and relatively static syllabus, reducing unpredictability in the exam. Its scientific approach and direct questions make it a scoring optional.
- **Short & Manageable Syllabus:** Compared to other optional subjects, Anthropology has a concise syllabus that can be completed efficiently, allowing students to focus on both optional and General Studies preparation.
- **Enhances Analytical & Writing Skills:** The subject improves logical reasoning and structured writing, helping in Mains answer writing and Essay papers. It encourages a multidisciplinary approach to problem-solving.
- **Relevant for Governance & Administration:** Understanding human evolution, tribal welfare, and socio-cultural diversity aids in policymaking, administration, and governance, making Anthropology highly relevant for future civil servants.



## 12 Commandments: Our Program Features & Commitments

1. **Daily Live Classes** – Engage in interactive sessions every day to ensure consistent learning and conceptual clarity.
2. **Complete Syllabus Coverage in 120 Days** – Every topic from the syllabus will be comprehensively covered within a structured 120-day plan.
3. **Value Addition Notes for Every Lecture** – Exclusive study material will be provided to enhance understanding and retention.
4. **Printed Anthropology Books Delivered to Your Doorstep** – 2 Highly rated, handpicked books will be sent to every student for thorough preparation.
5. **Weekly Tests for Continuous Evaluation** – A total of 12 tests will be conducted weekly to track progress and reinforce learning.
6. **Model Answers for Answer Writing Mastery** – 300+ model answers will be provided to help students craft high-quality, well-structured responses.
7. **Pre-Planned 120-Day Study Schedule** – A structured roadmap will guide students through an efficient and time-bound preparation journey.
8. **Interactive Workbook for Notes & Answer Writing** – A specially designed workbook will be provided to facilitate note-taking and structured answer writing.
9. **Flexible Learning Modes: Online & Offline** – Attend classes in your preferred mode, ensuring accessibility and convenience.



10. **One-Year Access to Recorded Lectures** – Online students will receive access to all recorded sessions for revision and reinforcement.
11. **Offline Students Get Online Access with Prior Approval** – Flexibility to switch between offline and online learning with management approval.
12. **Weekly Live Doubt Clearing Sessions** – One dedicated session every week to clarify doubts for both current and past students.

## Our Approach: Structured, Result-Oriented, and Student-Centric

- **Complete Syllabus in Just 4 Months** – A meticulously planned schedule ensures full coverage of the Anthropology syllabus within 120 days.
- **Comprehensive Coverage of Every Topic** – Every word in the syllabus will be broken down into 10 key points, ensuring depth and clarity.
- **Guaranteed 330+ Marks Strategy** – Our structured teaching, personalized mentorship, and rigorous practice set you on the path to scoring high in UPSC Mains.
- **Student-Friendly & Service-Oriented** – We prioritize ease of learning, personal mentorship, and individual guidance to ensure a seamless learning experience.
- **Weekly Tests & Answer Writing Practice** – Regular tests and personal evaluation sessions help track progress and refine writing skills.





- **Strict UPSC Standard Evaluation** – No leniency in assessment; our feedback matches UPSC standards to prepare you for the actual exam.
- **Bottom-to-Top Approach** – We start with fundamentals and progressively build towards advanced topics, ensuring a strong conceptual foundation.
- **Under-Promise & Over-Deliver** – Our focus is on exceeding expectations by providing more than what we commit, ensuring maximum value.

## What do we need from you?

- 250 Hours of Dedicated Time
- Regular Attendance
- Commitment and Consistency
- Maintaining Handwritten Notes
- Active Participation in the Classroom
- Answer Writing Discipline



## Meet Your Mentor: P. Vishnu Vardhan

- **Qualifications:** M.Tech, LLB, LLM, and MA in Anthropology.
- **UPSC Experience:** Attended the UPSC interview three times with Anthropology as an optional, securing high marks in 2014.
- **Proven Track Record:** Consistently helped students achieve 330+ marks in Anthropology.
- **Mentorship Expertise:** Guided 15,000+ students over a span of 15+ years with a result-oriented approach.
- **Personalized Guidance:** Focuses on individual answer evaluation and structured mentorship.
- **Interactive Learning Model:** No traditional teacher-student approach; follows an international lecture model with a friendly, two-way interactive learning experience.

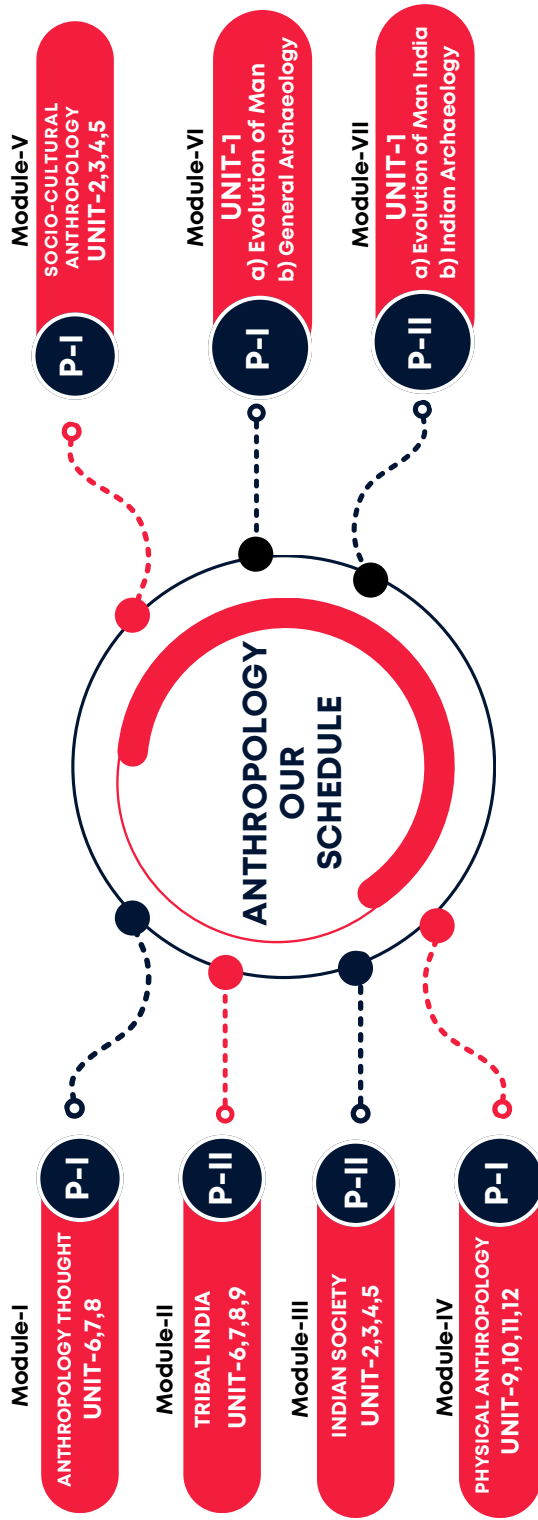
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“With expert guidance, strategic insights, and personalized mentoring, you are set on the path to excelling in Anthropology for UPSC”.

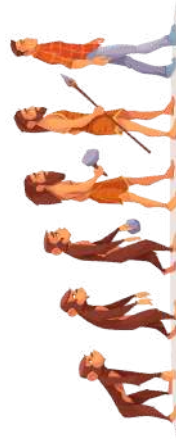




# Sequence of Anthropology Classes



**\*P-I: Paper-1, P-II: Paper-2**



# Anthropology Full Batch Schedule

| Days | Syllabus                      | Topics   |
|------|-------------------------------|--|
| 1    | Unit 6 Paper-1                | Anthropological Thought: Introduction, Classical Evolutionism (E.B. Tylor) |
| 2    | Unit 6 Paper-1                | Anthropological Thought: Classical Evolutionism (Morgan and Frazer)        |
| 3    | Unit 6 Paper-1                | James Frazer and Historical Particularism                                  |
| 4    | Unit 6 Paper-1                | Diffusionism - British   |
| 5    | Unit 6 Paper-1                | Diffusionism - American and German   |
| 6    | <b>Doubt Clearing Session</b> |  |
| 7    | Unit 6 Paper-1                | Functionalism  |
| 8    | Unit 6 Paper-1                | Functionalism and Structural Functionalism                                 |
| 9    | Unit 6 Paper-1                | Structural Functionalism and Structuralism                                 |
| 10   | Unit 6 Paper-1                | Structuralism  |
| 11   | Unit 6 Paper-1                | Cultural Personality School  |
| 12   | Unit 6 Paper-1                | Neo-Evolutionism   |



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| 13            | Unit 6 Paper-1   | Neo-Evolutionism and Cultural Personality School   |
| 14            | <b>Doubt clearing session</b>  |  |
| <b>Test 1</b> | <b>Classical Evolutionism to Neo Evolutionism</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |
| 15            | <b>Test 1 Discussion</b>   |  |
| 16            | Unit 6 Paper-1   | Symbol and Interpretative Theories   |
| 17            | Unit 6 Paper-1   | Cognitive Theories and Post Modernism  |
| 18            | Unit 7 Paper-1   | PYQs of Anthropological Thought and Culture, Language and Communication: Nature, origin and characteristics of language; verbal and non-verbal communication; social context of language use.                                      |
| 19            | Unit 7 Paper-1   | Linguistic Studies   |
| 20            | Unit 8 Paper-1   | Fieldwork tradition in anthropology  |
| 21            | Unit 8 Paper-1   | Continuation of Fieldwork tradition in anthropology  |
| 22            | <b>Doubt clearing session</b>  |  |
| 23            | Unit 8 Paper-1 & Unit 6.2 Paper-2  | Unit 8: Research methods in Anthropology and Unit 6.2: Problems of the tribal Communities—Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition. |



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| 24            | Unit 6.2<br>Paper-2  | Problems of the tribal Communities—Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition.                                  |
| 25            | Unit 6.3<br>Paper-2  | Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialisation on tribal populations. |
| 26            | Unit 6.3<br>Paper-2  | Tribal Displacement Continuation...  |
| 27            | Unit 6.3<br>Paper-2  | Tribal Displacement Continuation...  |
| <b>Test-2</b> | <b>Complete Anthropological Thought Model Paper 1 (Units 6,7,8)</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |
| 28            | <b>Test 2 Discussion</b>   |  |
| 29            | Unit 6.1<br>Paper-2  | Tribal situation in India—Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution.   |
| 30            | Unit 6.1<br>Paper-2  | Tribal situation in India—Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution.   |
| 31            | Unit 6.1<br>Paper-2  | Tribal Classification  |



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| 32 | <b>Doubt clearing session</b> |   |
| 33 | Unit 7.1<br>Paper-2           | Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes. |
| 34 | Unit 7.1<br>Paper-2           | Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes. |
| 35 | Unit 7.2<br>Paper-2           | Social change and contemporary tribal societies: Impact of modern democratic institutions, development programmes and welfare measures on tribals and weaker sections.          |
| 36 | Unit 7.2 &<br>7.3 Paper-2     | Unit 7.2 PESA, FRA and Unit 7.3 Ethnicity   |
| 37 | Unit 7.3<br>Paper-2           | The concept of ethnicity; Ethnic conflicts and political developments; Unrest among tribal communities  |
| 38 | Unit 7.3<br>Paper-2           | Regionalism and demand for autonomy; Pseudo-tribalism. Social change among the tribes during colonial and post-Independent India.   |
| 39 | <b>Doubt clearing session</b> |   |
| 40 | Unit 8.1<br>Paper-2           | Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies.  |



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| 41     | Unit 8.1 & 8.2<br>Paper-2  | Unit 8.1: Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies.<br>Unit 8.2: Tribe and nation state   |
| 42     | Unit 9.1<br>Paper-2  | Impact of NGO's on tribals and PTGs  |
| Test-3 | <b>Unit 6 &amp; 7 Paper-2</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |
| 43     | <b>Test 3 Discussion</b>   |  |
| 44     | Unit 9.1 & 9.2<br>Paper-2  | Tribal Development Plans   |
| 45     | Unit 9.2 & 9.3<br>Paper-2  | 9.2 Role of anthropology in tribal and rural development. & 9.3 Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements. |
| 46     | Unit 9.3<br>Paper-2  | Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements & Naxalism.  |
| 47     | <b>Doubt clearing session</b>  |  |
| 48     | Unit 5.1<br>Paper-2  | Indian Village—Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations                |





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| 49     | Unit 5.1<br>Paper-2  | Agrarian relations in Indian villages; Impact of globalization on Indian villages.   |
| 50     | Unit 5.2<br>Paper-2  | Linguistic and religious minorities and their social, political and economic status.   |
| Test-4 | <b>Unit 6, 7, 8 &amp; 9 Paper-2</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |
| 51     | <b>Test 4 Discussion</b>   |  |
| 52     | Unit 5.2 &<br>5.3 Paper-2  | Linguistic Minorities and Sanskritization  |
| 53     | Unit 5.3<br>Paper-2  | Indigenous and exogenous processes of socio-cultural change in Indian society: Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati Raj and social change; Media and Social change. |
| 54     | Unit 5.3 & 3.1<br>Paper-2  | Unit 5.3 Continuation and Unit 3.1: The structure and nature of the traditional Indian social system— Varnashrama, Purushartha, Karma, Rina and Rebirth.   |
| 55     | <b>Doubt clearing session</b>  |  |
| 56     | Unit 3.1<br>Paper-2  | Hindu Social System  |



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| 57 | Unit 3.2<br>Paper-2           | Caste system in India— Structure and characteristics<br>Varna and caste, Theories of origin of caste system,<br>Dominant caste, Caste mobility, Future of caste system,<br>Jajmani system. Tribe-caste continuum.   |
| 58 | Unit 3.2<br>Paper-2           | Unit 3.2 Continuation   |
| 59 | Unit 3.2<br>Paper-2           | Unit 3.2 Continuation   |
| 60 | Unit 3.3<br>Paper-2           | Sacred Complex and Nature-Man-Spirit Complex.   |
| 61 | Unit 3.4 & 4<br>Paper-2       | Unit 3.4 Impact of Buddhism, Jainism, Islam and<br>Christianity of Indian society & Unit 4: Emergence,<br>growth and development in India— Contributions of the<br>18th, 19th and early 20th Century scholar-administrators.<br>Contributions of Indian anthropologists to tribal and<br>caste studies. |
| 62 | <b>Doubt clearing session</b> |   |
| 63 | Unit 4<br>Paper-2             | Emergence, growth and development in India—<br>Contributions of the 18th, 19th and early 20th Century<br>scholar-administrators. Contributions of Indian<br>anthropologists to tribal and caste studies.  |
| 64 | Unit 4 & 2<br>Paper-2         | Unit 4: Continuation & Unit 2: Demographic profile of<br>India—Ethnic and linguistic elements in the Indian<br>population and their distribution.   |



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| 65     | Unit 2<br>Paper-2  | Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution. Indian population—factors influencing its structure and growth.  |
| 66     | <b>Doubt clearing session</b>  |   |
| Test-5 | <b>Unit 5 &amp; 3 Paper-2</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |   |
| 67     | <b>Test 5 Discussion</b>   |   |
| 68     | Unit 2<br>Paper-2 &<br>Unit 2<br>Paper-1                             | Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution. Indian population—factors influencing its structure and growth & Introduction to Socio Cultural Anthropology Units 2, 3, 4 and 5 of Paper 1. |
| 69     | Unit 2.1<br>Paper-1  | The Nature of Culture: The concept and Characteristics of culture and civilization; Ethnocentrism vis-a-vis cultural Relativism.  |
| 70     | Unit 2.1 & 2.2<br>Paper-1  | Unit 2.1 Continuation & Unit 2.2: The Nature of Society: Concept of Society; Society and Culture; Social Institution; Social groups; and Social stratification.   |
| 71     | Unit 2.2 &<br>2.3 Paper-1  | Unit 4: Continuation & Unit 2: Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution.   |



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| 72 | Unit 2.3<br>Paper-1           | Marriage: Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Type of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry).  |
| 73 | Unit 2.3 &<br>2.4 Paper-1     | Unit 2.3: Continuation & Unit 2.4: Family: Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession); Impact of urbanization, industrialization and feminist movements on family. |
| 74 | <b>Doubt clearing session</b> |   |
| 75 | Unit 2.4<br>Paper-1           | Unit 2.4: Continuation.   |
| 76 | Unit 2.4<br>Paper-1           | Unit 2.4: Continuation.   |
| 77 | Unit 2.5<br>Paper-1           | Kinship: Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation; Descent and Alliance.         |



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| 78     | Unit 2.5<br>Paper-1  | Unit 2.5: Continuation  |
| 79     | <b>Doubt clearing session</b>  |   |
| Test-6 | <b>Unit 2, 3, 4 &amp; 5 Paper-2</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |   |
| 80     | <b>Test 6 Discussion</b>   |   |
| 81     | Unit 3<br>Paper-1  | Economic Organization: Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.                           |
| 82     | Unit 4<br>Paper-1  | Political Organization and Social Control: Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy; social control, law and justice in simple Societies.  |
| 83     | Unit 5<br>Paper-1  | Religion: Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; forms of religion in tribal and peasant Societies (animism, animatism, fetishism, naturism and totemism); religion, magic and science distinguished; magico-religious functionaries (priest, shaman, medicine man, sorcerer and witch). |



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| 84     | <b>Doubt clearing session</b>  |  |
| Test-7 | <b>Unit 2, 3, 4 &amp; 5 Paper-1</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |
| 85     | <b>Test 7 Discussion</b>   |  |
| 86     | Unit 1.7<br>Paper-1  | The biological basis of Life: The Cell, DNA structure and replication, Protein Synthesis, Gene, Mutation, Chromosomes, and Cell Division.  |
| 87     | Unit 1.7<br>Paper-1  | Unit 1.7: Continuation   |
| 88     | Unit 9.1<br>Paper-1  | Human Genetics : Methods and Application : Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosome and karyotype analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.           |
| 89     | Unit 9.2<br>Paper-1  | Mendelian genetics in man-family study, single factor, multifactor, lethal, sub-lethal and polygenic inheritance in man.   |
| 90     | Unit 9.3<br>Paper-1  | Concept of genetic polymorphism and selection, Mendelian population, Hardy-Weinberg law; causes and changes which bring down frequency-mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages. |



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| 91     | <b>Doubt clearing session</b>  |  |
| 92     | Unit 9.4<br>Paper-1  | Chromosomes and chromosomal aberrations in man, methodology.   |
| 93     | Unit 9.5<br>Paper-1  | Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.                     |
| 94     | Unit 9.5<br>Paper-1  | Unit 9.5: Continuation   |
| 95     | Unit 9.6<br>Paper-1  | Age, sex and population variation as genetic markers : ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups. |
| 96     | Unit 9.7<br>Paper-1  | Concepts and methods of Ecological Anthropology : Bio-cultural Adaptations—Genetic and Non-genetic factors. Man's physiological responses to environmental stresses: hot desert, cold, high altitude climate.  |
| 97     | Unit 9.8<br>Paper-1  | Epidemiological Anthropology : Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.  |
| 98     | <b>Doubt clearing session</b>  |  |
| Test-8 | <b>Unit 1.7 &amp; 9 Paper-1</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |  |



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| 99  | <b>Test 8 Discussion</b>      |  |
| 100 | Unit 10<br>Paper-1            | Concept of human growth and Development: Stages of growth—prenatal, natal, infant, childhood, adolescence, maturity, senescence.   |
| 101 | Unit 10<br>Paper-1            | Unit 10: Continuation  |
| 102 | Unit 11.1<br>Paper-1          | Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.   |
| 103 | Unit 11.2 &<br>11.3 Paper-1   | Demographic theories-biological, social and cultural & Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.   |
| 104 | Unit 12<br>Paper-1            | Applications of Anthropology: Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics—Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology. |
| 105 | Unit 12<br>Paper-1            | Unit 12: Continuation  |
| 106 | Unit 12<br>Paper-1            | Unit 12: Continuation  |
| 107 | <b>Doubt clearing session</b> |  |





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| Test-9 | <b>Unit 1.7, 9, 10, 11 &amp; 12 Paper-1</b><br><b>Timing: 10:00 AM to 01:00 PM</b> |   |
| 108    | <b>Test 9 Discussion</b>   |   |
| 109    | Unit 1.1 & 1.2<br>Paper-1  | Meaning, Scope and development of Anthropology & Relationships with other disciplines: Social Sciences, behavioural Sciences, Life Sciences, Medical Sciences, Earth Sciences and Humanities.   |
| 110    | Unit 1.3<br>Paper-1  | Main branches of Anthropology, their scope and relevance.   |
| 111    | Unit 1.4<br>Paper-1  | Human Evolution and emergence of Man.   |
| 112    | Unit 1.4<br>Paper-1  | Unit 1.4: Continuation  |
| 113    | <b>Doubt clearing session</b>  |   |
| 114    | Unit 1.5<br>Paper-1  | Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications. |
| 115    |  | Unit 1.5: Continuation  |



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| 116 | Unit 1.6<br>Paper-1           | Phylogenetic status, characteristics and geographical distribution of the following: (a) Plio-pleistocene hominids in South and East Africa—Australopithecines. (b) Homo erectus: Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis. (c) Neanderthal man—La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type). (d) Rhodesian man. (e) Homo sapiens—Cromagnon, Grimaldi and Chancelade. |
| 117 | Unit 1.6<br>Paper-1           | Unit 1.6: Continuation  |
| 118 | Unit 1.8 (a)<br>Paper-1       | Principles of Prehistoric Archaeology. Chronology: Relative and Absolute Dating methods.  |
| 119 | Unit 1.8 (b)<br>Paper-1       | Cultural Evolution—Broad Outlines of Prehistoric cultures   |
| 120 | Unit 1.8 (b)<br>Paper-1       | Unit 1.8 (b): Continuation  |
| 121 | <b>Doubt clearing session</b> |   |
| 122 | Unit 1.1<br>Paper-2           | Evolution of Indian Culture and Civilization— Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic-Chalcolithic), Protohistoric (Indus Civilization). Pre-Harappan, Harappan and post- Harappan cultures. Contributions of the tribal cultures to Indian civilization.  |



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|---------|---|---|
| 123     | Unit 1.2<br>Paper-2   | Palaeo—Anthropological evidence from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man).   |
| 124     | Unit 1.2<br>Paper-2   | Unit 1.2: Continuation  |
| 125     | Unit 1.3<br>Paper-2   | Ethno-archaeology in India: The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities. |
| 126     | <b>Doubt clearing session</b>   |   |
| Test-10 | <b>Unit 1 of Paper 1 and Unit 1 of Paper 2<br/>Timing: 10:00 AM to 01:00 PM</b> |   |
| 127     | <b>Test 10 Discussion</b>   |   |
| Test-11 | <b>Paper 1 Comprehensive Test<br/>Timing: 10:00 AM to 01:00 PM</b>              |   |
| 128     | <b>Test 11 Discussion</b>   |   |
| Test-12 | <b>Paper 2 Comprehensive Test<br/>Timing: 10:00 AM to 01:00 PM</b>              |   |
| 129     | <b>Test 12 Discussion</b>   |   |



# ★ Hear from Happy Students ★



Vishnu Sir Academy is a panache kind of Academy, it's not like a commercial, it has internalized teaching by bringing an average student into a qualified version, I'm very much satisfied.

**PRAAGNA**



Vishnu Sir's expertise and teaching make Anthropology easy to grasp. His guidance, personal attention, and rigorous evaluations are unmatched. His dedication is evident—he even knows every student by name!

**MAMTA YADAV**



Vishnu IAS Academy's self-paced Anthropology course was my best decision. Sir's lucid explanations, interactive sessions, and enriched notes with case studies make learning seamless. Regular evaluations ensure consistency, and his dedication truly inspires. Highly recommended! 🎯

**VAISHNAVI RANE**



I am one of the student of October-21 Anthropology batch student of Vishnu IAS academy. I am a beginner and I am very much motivated by Vishnu sir's lectures. Sir is providing best teaching and value content material for Anthropology optional. I am thankful to Vishnu sir.

**SURESH**



Vishnu Vardhan Sir's Anthropology classes are top-notch! 🍌<sup>100</sup> His clear, holistic teaching and excellent materials make concepts easy to grasp and remember. Plus, his motivation keeps us going strong in our preparation!

**GAYATHRI**



# REVIEWS

*From our Rankers*



## Sreethu S S

I'm Sreethu SS, AIR 163 in UPSC CSE 2020 (First Attempt). Vishnu Sir's materials and support were invaluable in my preparation. Grateful to Vishnu IAS Academy!



## Rina Pradhana

I got AIR-194 in CSE 2020. The classroom course, test series all are extremely good. Sir personally reviews the answer copies and motivates also. Sir even guided me during my interview. no words to explain the gratitude.



## Ramit Chennithal

I have rarely come across somebody like Vishnu sir who puts so much effort into ensuring that his students clear the exam. Trust me, You are privileged to get Vishnu sir as Mentor to help you out.



## Sankeerth

Vishnu sir gave special emphasis to me in evaluating answers on a priority basis and rectifying faults and suggesting the areas to improve. Thanks sir for everything that you have done for me to crack this exam and get elite service.



# REVIEWS

*From our Rankers*



## Uma Harathi N

Vishnu Sir Helped me in guiding Anthropology Optional, Sir guided me in Interview-2020 & 2022. My Rank is mainly because of marks I secured in Anthropology Optional.



## Nidhi PAI

I got Anthropology Optional & Interview mentorship from Vishnu Sir. Last year I got 226 marks and this year I got 325. This 100 marks jump in Anthropology is responsible for my AIR 110. I am Very much thankful to Vishnu Sir for helping me in Anthropology.



## Naveen R

I took the Anthropology test series not one time but 2 times because of its quality. I recommend Vishnu Sir mainly because he is very accessible to his students anytime for which i am very much thankful to Vishnu Sir.



## Mrugendra Lal

Vishnu sir is a professional. He is well available for his students. His test series are exhaustive and cover all the topics



# REVIEWS

*From our Rankers*



## Deepthi

I am Anthropology Student of Vishnu IAS Academy. Sir was guiding me from 2019 to 2022. Vishnu Sir is very much accessible and motivated me when I could not clear. Thank you very much sir for your consistent support.



## Shashank

Thank you, Vishnu Sir, for your constant support! Since 2020, your Anthropology classes and guidance have been invaluable, even helping in Prelims with key insights. Hoping to clear Mains 2023 with your guidance. Grateful as always! 🙏



## Akshay

Vishnu Sir is known for his accessibility. He motivated me when I didn't clear the exam last year. Vishnu Sir is accessible and supportive. This year I got 759 Rank, I promise sir that I will get a better rank in 2023. Thank you sir



## Dr. Prasanna

I am very lucky to have your Guidance during my preparation that made me score very good marks in GS and also interview. Thank you so much Vishnu IAS Academy



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**AIR-110, CSE 2022**

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**325** MARKS

**AIR 110** NIDHI PAI

HIGHEST SCORE IN  
**ANTHROPOLOGY**

**326** MARKS

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**IPS 2019**



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