

# **UPSC CSE-2025**

# **ANTHROPOLOGY**

# **OPTIONAL**

## **(MENTORSHIP) BATCH**

**A SOLUTION TO SCORE 325+ MARKS ( CLASSES WITH TEST SERIES )**



**9000400939**



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Hyderabad, Telangana 500020

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**VISHNU VARDHAN SIR**

**ANTHROPOLOGY EXPERT**  
13+ YEARS OF EXPERIENCE

# FEATURES



**4 Months**  
(250+ Class Hours)



**Current Affairs**  
&  
**Case Studies Modules**



**Offline & Online**  
(App + Web)



**Daily Answer Writing**  
**Practice**



**Recorded Videos**  
(Access For 1 Year)



**Weekly Grand Tests On**  
**Sundays & Evaluation With**  
**Guidance and Topper Will be**  
**Rewarded**



**1.5 Hours for Class +**  
**30Mins for Doubt Solving**



**1000+ Model**  
**Answers**



**Foundation to Advanced**  
**Level of Teaching**



**7AM – 7PM**  
**Support System**



**Simple and Integrated**  
**Content**



**Free GS Current**  
**Affairs**



**One Stop Solution**  
**Books**



**Free Interview**  
**Guidance for**  
**Anthropology**



**Regular Value Added**  
**Content**

# Anthropology is all about

- Ourselves-Our Biological evolution
- Our Cultural evolution
- Indian Village studies
- Tribal Studies
- Applications of Anthropology
- Physical Anthropology
- Social Issues
- Evolution of MAN
- Archaeology
- Anthropological Thought

## Why Anthropology as the best Optional

- It is very interesting
- Short Syllabus
- High Scoring
- Static Syllabus
- Straight Forward Questions
- Interdisciplinary in Nature
- Overlap with GS
- Easy to do revision.

## Introduction to Our Anthropology Course

- From Foundation to Advanced
- Totally New content
- Value addition for each topic
- Two Highly Rated Books (Paper 1 and Paper 2)
- One year subscription
- 9am-9pm Support System = 9am to 9pm  
anytime you can call vishnu sir for doubts
- Every class 2 hours- 1hr 30 mins class  
remaining 30mins doubts daily

# 12 COMMANDMENTS

1. Live classes everyday
2. Each and every topic in the syllabus will be covered within 120days.
3. Value addition notes will be provided for every lecture
4. Printed exclusive highly rated best anthropology books will be provided and posted to your address.
5. Total 12 Tests will be conducted every week.
6. Insights will be given on how to write best answers through Model Answers(Overall 300 Model Answers will be provided by the end of the program)
7. Total 120days Schedule is already Provided.
8. An interactive workbook will be given for notes making and for answer writing.
9. Online and Offline both are available
10. Recorded videos will be provided to online students for one year
11. Offline students can also be provided with online accessibility with Prior permission from Management.
12. Every week one Live doubt clearing session for all my students present and past students.

“ Anthropology is the science which tells us that people are the same the whole world. The purpose of anthropology is to make the world safe for human differences “



## FOR FRESHERS

- UNDERSTAND THE SYLLABUS
- FOCUS AREAS
- KNOW WHERE TO READ FROM
- FOLLOW THE HONEST MENTOR BLINDLY
- CURIOSITY TO BE MAINTAINED
- WRITING PRACTICE IS MUST

## FOR SENIORS

- BEING DOWN TO EARTH
- REALIZING MORE TO LEARN
- REVISION
- WRITING PRACTICE

## WHAT IS OUR APPROACH

- WITHIN 4 MONTHS SYLLABUS WILL BE COMPLETED.
- Each word in the syllabus will be covered. For every word in the syllabus, you will have 10 Points.
- 330+MARKS GUARANTEED
- USER FRIENDLY AND SERVICE ORIENTATION APPROACH
- WEEKLY TEST AND ANSWER WRITING PRACTICE AND PERSONAL EVALUATION.
- UPSC STANDARD EVALUATION, NO COMPROMISE ON EVALUATION
- BOTTOM TO TOP APPROACH
- UNDER PROMISE AND OVER DELIVERY

## **WHY ANTHROPOLOGY AT VISHNU IAS BY P.VISHNU VARDHAN**

- M. Tech, LLB,LLM and M.A in Anthropology
- Attended UPSC Interview three times with anthropology as optional and scored High marks in 2014 year.
- No teacher-Student model: Matured International model of lectures- Friendly and two-way interactive classes.
- Proper class notes(For FeedBack you can talk to any old student randomly)
- Compulsory exams and personal Evaluation by Vishnu sir and feedback will be given without hesitation.
- My students' posses all rights to ask any question to me(No curtailment of Rights) Lastly, User Friendly
- MY TARGET IS - MY STUDENTS SHOULD CROSS 330+ MARKS

## **WHAT I WANT FROM YOU**

- 250 HOURS OF YOUR TIME
- REGULAR ATTENDANCE
- SERIOUSNESS, CONSISTENCY AND DISCIPLINE
- I WANT YOU TO WRITE NOTES PROPERLY
- ASK ME ANY DOUBT ANYTIME
- SILENCE IN CLASS

## **2019, 2020 & 2021 Anthropology Paper 1 question paper**

- Culture Relativism? 10M(2020) Historical Particularism and Franz Boas(2021)
- Relationship between Linguistics and Socio-Cultural Anthropology? 10M
- Discuss the evolutionary sequence of Bipedalism and Erect Posture? 15M
- Elucidate Mesolithic culture and associated Rock Art with examples from India? 20M
- Genetico-Environmental Factors influencing Human Growth? 10M
- Chromosomal Aberrations? 15M

## **2019, 2020 & 2021 Anthropology Paper-2 question paper**

- Phylogenetic position and Morphological features of Ramapithicus? 10M(2019&2021)
- Relevance of Tribe-caste Continuum?15M
- Jajimani system and contemporary Market Economy?15M
- Describe the problem indicating Indian Paleolithic culture with emphasis on Soanian Culture?20M
- Harappan Civilization?

# PAPER - I

- Meaning, Scope and development of Anthropology.
- **Relationships with other disciplines** : Social Sciences, behavioural Sciences, Life Sciences, Medical Sciences, Earth Sciences and Humanities.
- Main branches of Anthropology, their scope and relevance:
  - ▶ Social-cultural Anthropology.
  - ▶ Biological Anthropology.
  - ▶ Archaeological Anthropology.
  - ▶ Linguistic Anthropology.
- Human Evolution and emergence of Man:
  - ▶ Biological and Cultural factors in human evolution.
  - ▶ Theories of Organic Evolution (Pre-Darwinian, Darwinian and Post-Darwinian).
  - ▶ Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
- Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.
- Phylogenetic status, characteristics and geographical distribution of the following :
  - ▶ Plio-preleistocene hominids in South and East Africa—Australopithecines.
  - ▶ **Homo erectus** : Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).
  - ▶ Neanderthal man—La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type).
  - ▶ Rhodesian man.
  - ▶ Homo saoiens—Cromagnon, Grimaldi and Chancelade.
- **The biological basis of Life** : The Cell, DNA structure and replication, Protein Synthesis, Gene, Mutation, Chromosomes, and Cell Division.
  - ▶ Principles of Prehistoric Archaeology. Chronology : Relative and Absolute Dating methods.

- ▶ Cultural Evolution—Broad Outlines of Prehistoric cultures :
  - Paleolithic
  - Mesolithic
  - Neolithic
  - Chalcolithic
  - Copper-Bronze Age
  - Iron Age
- **The Nature of Culture** : The concept and Characteristics of culture and civilization; Ethnocentrism vis-a-vis cultural Relativism.
- **The Nature of Society** : Concept of Society; Society and Culture; Social Institution; Social groups; and Social stratification.
- **Marriage** : Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Type of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry).
- **Family** : Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession); Impact of urbanization, industrialization and feminist movements on family.
- **Kinship** : Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation; Decent and Alliance.
- **Economic Organization** : Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
- **Political Organization and Social Control** : Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy; social control, law and justice in simple Societies.
- **Religion** : Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; forms of religion in tribal and peasant Societies (animism, animatism, fetishism, naturism and totemism); religion, magic and science distinguished; magico-religious functionaries (priest, shaman, medicine man, sorcerer and witch).
- **Anthropological theories** :
  - ▶ Classical evolutionism (Tylor, Morgan and Frazer)
  - ▶ Historical particularism (Boas) Diffusionism (British, German and American)

- ▶ Functionalism (Malinowski); Structural— Functionalism (Radcliffe-Brown)
- ▶ Structuralism (L'evi-Strauss and E. Leach)
- ▶ Culture and personality (Benedict, Mead, Linton, Kardiner and Cora-du Bois)
- ▶ Neo—evolutionism (Childe, White, Steward, Sahlins and Service)
- **Human Genetics** : Methods and Application : Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
- Mendelian genetics in man-family study, single factor, multifactor, lethal, sub-lethal and polygenic inheritance in man.
- Concept of genetic polymorphism and selection, Mendelian population, Hardy-Weinberg law; causes and changes which bring down frequency-mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages.
- Chromosomes and chromosomal aberrations in man, methodology.
  - ▶ Numerical and structural aberrations (disorders).
  - ▶ Sex chromosomal aberration- Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders.
  - ▶ Autosomal aberrations- Down syndrome, Patau, Edward and Cri-du-chat syndromes.
  - ▶ Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
- Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.
- **Age, sex and population variation as genetic marker** : ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups.
- **Concepts and methods of Ecological Anthropology** : Bio-cultural Adaptations—Genetic and Non-genetic factors. Man's physiological responses to environmental stresses: hot desert, cold, high altitude climate.
- **Epidemiological Anthropology** : Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.
- Concept of human growth and Development : Stages of growth—pre-natal, natal, infant, childhood, adolescence, maturity, senescence.



- ▶ Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic.
- ▶ Ageing and senescence. Theories and observations
- ▶ Biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.

## PAPER – II

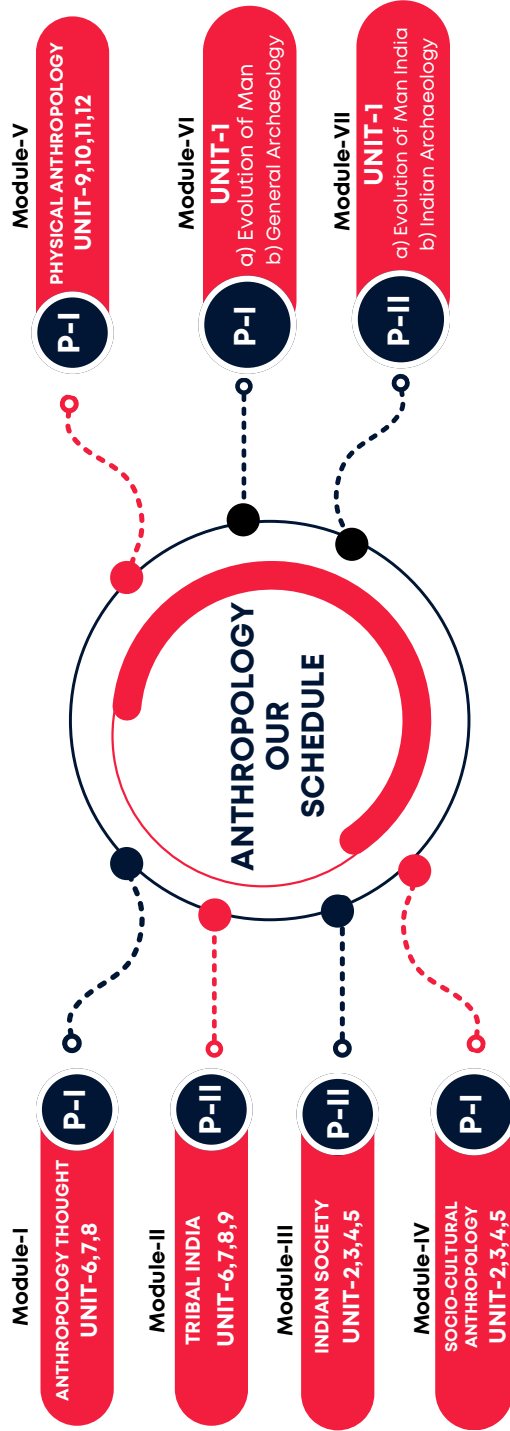
- ◉ **Evolution of the Indian Culture and Civilization**— Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic-Chalcolithic), Protohistoric (Indus Civilization). Pre-Harappan, Harappan and post- Harappan cultures. Contributions of the tribal cultures to Indian civilization.
- ◉ **Palaeo**—Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man).
- ◉ **Ethno-archaeology in India:** The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities.
- ◉ **Demographic profile of India**—Ethnic and linguistic elements in the Indian population and their distribution. Indian population—factors influencing its structure and growth.
- ◉ The structure and nature of traditional Indian social system—Varnashram, Purushartha, Karma, Rina and Rebirth.
- ◉ **Caste system in India**— Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum.
- ◉ Sacred Complex and Nature-Man-Spirit Complex.
- ◉ Impact of Buddhism, Jainism, Islam and Christianity of Indian society.
- ◉ Emergence, growth and development in India— Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
- ◉ **Indian Village**—Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages.
- ◉ Linguistic and religious minorities and their social, political and economic status.
- ◉ Indigenous and exogenous processes of socio-cultural change in Indian society: Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati Raj and social change; Media and Social change.
- ◉ **Tribal situation in India**—Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution.

- ◉ **Problems of the tribal Communities**—Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition.
- ◉ Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
- ◉ Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes.
- ◉ Social change and contemporary tribal societies : Impact of modern democratic institutions, development programmes and welfare measures on tribals and weaker sections.
- ◉ The concept of ethnicity; Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism. Social change among the tribes during colonial and post-Independent India.
- ◉ Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies.
- ◉ Tribe and nation state—a comparative study of tribal communities in India and other countries.
- ◉ History of administration of tribal areas, tribal policies, plans, programmes of tribal development and their implementation. The concept of PTGs (Primitive Tribal Groups), their distribution, special programmes for their development. Role of N.G.O.s in tribal development.
- ◉ Role of anthropology in tribal and rural development.
- ◉ Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements.

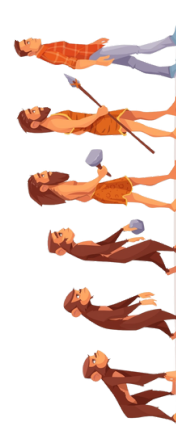
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## Sequence of Anthropology Classes



**\* P-I: Paper-1, P-II: Paper-2**





DAYS	SYLLABUS	TOPICS
1 The day you start	Unit 6 PAPER -1	Anthropological Thought: Introduction, Classical evolutionism (E.B Tylor)
2	Unit 6 PAPER -1	Anthropological Thought: Classical evolutionism (Morgan and Frazer)
3	Unit 6 PAPER -1	James Fraser and Historical Particularism
4	Unit 6 PAPER -1	Diffusionism : (BRITISH)
5	Unit 6 PAPER -1	Diffusionism : ( AMERICAN), GERMAN)
6	<b>Doubt clearing session</b>	
7	Unit 6 PAPER -1	Functionalism
8	Unit 6 PAPER -1	Functionalism and Structural Functionalism
9	Unit 6 PAPER -1	Structural functionalism and Structuralism
10	Unit 6 PAPER -1	Structuralism

11	Unit 6 PAPER -1	Culture Personality School
12	Unit 6 PAPER -1	Neo-Evolutionism
13	Unit 6 PAPER -1	Neo Evolutionism & Culture Personality School
14	<b>Doubt clearing session</b>	
TEST-1	Classical evolutionism to Neo Evolutionism	<b>Timing :10:00 AM to 01:00 PM</b>
15	<b>TEST 1 DISCUSSION</b>	
16	Unit 6 PAPER -1	Symbol and Interpretative theories
17	Unit 6 PAPER -1	Cognitive theories & Post Modernism
18	Unit 7 PAPER -1	PYQ's of Anthropological thought and Culture, Language and Communication: Nature, origin and characteristics of language; verbal and non-verbal communication; social context of language use.
19	Unit 7 PAPER -1	Linguistic Studies
20	Unit 8 PAPER -1	A) Field work traditions in anthropology
21	Unit 8 PAPER -1	CONTINUE OF Field Work traditions in Anthropology

22	<b>Doubt clearing session</b>	
23	Unit 8 PAPER 1 & Unit 6.2 PAPER 2	Unit 8: Research methods in Anthropology and Unit 6.2 Tribal India : Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition..
24	Unit 6.2 PAPER 2	Unit 6.2 Tribal Problems : Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition.
25	Unit 6.3 PAPER 2	Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
26	Unit 6.3 PAPER 2	Tribal Displacement continue
27	Unit 6.3 PAPER 2	Tribal Displacement continue
TEST - 2	Complete Anthropological Thought Module paper-1 (units 6,7,8)	<b>Timing :10:00 AM to 01:00 PM</b>
28	<b>TEST 2 DISCUSSION</b>	
29	Unit 6.1 PAPER 2	Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution
30	Unit 6.1 PAPER 2	Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution Continued
31	Unit 6.1 PAPER 2	<b>Tribal Classification</b>

32	<b>Doubt clearing session</b>	
33	Unit 7.1 PAPER 2	Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes.
34	Unit 7.1 PAPER 2	Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes. Continued
35	Unit 7.2 PAPER 2	Social change and contemporary tribal societies : Impact of modern democratic institutions, development programmes and welfare measures on tribals and weaker sections.
36	Unit 7.2 & 7.3 paper 2	7.2 PESA,FRA and 7.3 Ethnicity
37	Unit 7.3 PAPER 2	The concept of ethnicity; Ethnic conflicts and political developments; Unrest among tribal communities;
38	Unit 7.3 PAPER 2	Regionalism and demand for autonomy; Pseudo-tribalism. Social change among the tribes during colonial and post-Independent India.
39	<b>Doubt clearing session</b>	
40	Unit 8.1 PAPER 2	Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies.
41	Unit 8.1, 8.2 PAPER 2	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies. & 8.2 Tribe Nation StateTribe Nation State
42	UNIT 9.1 PAPER 2	Unit 9.1 Impact of NGO's on tribals and pvtg
TEST-3	Unit 6,7 paper - 2	Timing :10:00 AM to 01:00 PM

43		<b>TEST 3 DISCUSSION</b>
44	Unit 9.1, 9.2 PAPER 2	<b>Unit 9.1 and 9.2 Tribal development plans</b>
45	Unit 9.2 , 9.3 PAPER 2	9.2 Role of anthropology in tribal and rural development. 9.3 Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements
46	UNIT 9.3 PAPER 2	9.3Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements and Naxalism Paper 2
47		<b>Doubt clearing session</b>
48	Unit 5.1 PAPER 2	Indian village studies: Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations;
49	Unit 5.1 PAPER 2	<b>Agrarian relations in Indian villages; Impact of globalization on Indian villages.</b>
50	Unit 5.2 PAPER 2	<b>Linguistic and religious minorities and their social, political and economic status</b>
TEST-4	UNIT 6,7,8,9 PAPER 2	<b>Timings :10:00 AM to 01:00 PM</b>
51		<b>TEST 3 DISCUSSION</b>
52	Unit 5.2 , 5.3 PAPER 2	<b>5.2 Linguistic Minorities and 5.3 Sanskritization</b>
53	Unit 5.3 PAPER 2	Indigenous and exogenous processes of socio-cultural change in Indian society: Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati Raj and social change; Media and Social change.

54	Unit 5.3 , 3.1 PAPER 2	Unit 5.3 Continued & 3.1 The structure and nature of traditional Indian social system—Varnashram, Purushartha, Karma, Rina and Rebirth
55	<b>Doubt clearing session</b>	
56	Unit 3.1 PAPER 2	<b>Hindu Social System</b>
57	Unit 3.2 PAPER 2	Caste system in India— Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum.
58	Unit 3.2 PAPER 2	Caste system in India— Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum. Continued
59	Unit 3.2 PAPER 2	Caste system in India— Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum. Continued
60	Unit 3.3 PAPER 2	<b>Sacred Complex and Nature-Man-Spirit Complex.</b>
61	Unit 3.4 , 4 Paper 2	3.4. Impact of Buddhism, Jainism, Islam and Christianity of Indian society. 4. Emergence, growth and development in India— Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
62	<b>Doubt clearing session</b>	
63	Unit 4 paper 2	Emergence, growth and development in India— Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
64	Unit 4 , 2 PAPER 2	4. Emergence, growth and development in India— Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies. & 2. Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution.
65	Unit 2 PAPER 2	<b>2. Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution.</b>



66	<b>Doubt clearing session</b>	
TEST-5	Units 5,3 PAPER 2	Timing :10:00 AM to 1:00 PM
67	TEST 5 DISCUSSION	
68	Unit 2 PAPER 2 UNIT 2 PAPER 1	Demographic profile of India—Ethnic and linguistic elements in the Indian population and their distribution. Introduction to Social-cultural Anthropology Units 2,3,4,5 of Paper 1.
69	UNIT 2.1 PAPER 1	<b>The Nature of Culture : The concept and Characteristics of culture and civilization; Ethnocentrism vis-a-vis cultural Relativism</b>
70	Unit 2.1, 2.2 PAPER 1	2.1The Nature of Culture : The concept and Characteristics of culture and civilization; Ethnocentrism vis-a-vis cultural Relativism & 2.2The Nature of Society : Concept of Society; Society and Culture; Social Institution; Social groups; and Social stratification
71	Unit 2.2 , 2.3 PAPER 1	<b>Unit 2 Demographic profile of India — Ethnic classification of the Indian population and their distribution</b>
72	Unit 2.3 PAPER 1	Marriage : Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Type of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage;
73	Unit 2.3 , 2.4 PAPER 1	2.3 Marriage & 2.4 Family : Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)
74	<b>Doubt clearing session</b>	
75	Unit 2.4 PAPER 1	2.4 Family : Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)
76	Unit 2.4 PAPER 1	2.4 Family : Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession) CONTINUE



77	Unit 2.5 PAPER 1	Kinship : Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation;Decent and Alliance.
78	Unit 2.5 PAPER 1	Kinship : Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation;Decent and Alliance.CONTINUE
79	<b>Doubt clearing session</b>	
TEST-6	paper-2 units 2 ,3,4,5	<b>Timing :10:00 AM to 01:00 PM</b>
80	<b>TEST 6 DISCUSSION</b>	
81	Unit 3 PAPER 1	Economic Organization : Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
82	Unit 4 PAPER 1	Political Organization and Social Control : Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy; social control, law and justice in simple Societies.
83	Unit 5 PAPER 1	Religion : Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; forms of religion in tribal and peasant Societies
84	<b>Doubt clearing session</b>	
TEST- 7	Paper 1 Units 2,3,4,5	<b>Timings 10:00am to 01:00 pm</b>
85	<b>TEST 7 DISCUSSION</b>	
86	Unit 1.7 PAPER 1	1.7 The biological basis of Life : The Cell, DNA structure and replication, Protein Synthesis, Gene, Mutation, Chromosomes, and Cell Division

87	Unit 1.7 PAPER 1	1.7 The biological basis of Life : The Cell, DNA structure and replication, Protein Synthesis, Gene, Mutation, Chromosomes, and Cell Division CONTINUATION
88	Units 9.1 PAPER 1	Human Genetics : Methods and Application : Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
89	Unit 9.2 PAPER 1	9.2 Mendelian genetics in man-family study, single factor, multifactor, lethal, sub-lethal and polygenic inheritance in man
90	Unit 9.3 PAPER 1	9.3 Concept of genetic polymorphism and selection, Mendelian population, Hardy-Weinberg law; causes and changes which bring down frequency-mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages.
91	<b>Doubt clearing session</b>	
92	Unit 9.4 PAPER 1	9.4 Chromosomes and chromosomal aberrations in man, methodology.
93	Unit 9.5 PAPER 1	9.5 Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.
94	Unit 9.5 PAPER 1	9.5 Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man. CONTINUATION
95	Unit 9.6 paper 1	9.6 Age, sex and population variation as genetic marker : ABO, Rh blood groups, HLA Hp, transferrin, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups.
96	Unit 9.7 paper 1	9.7 Concepts and methods of Ecological Anthropology : Bio-cultural Adaptations—Genetic and Non-genetic factors. Man's physiological responses to environmental stresses: hot desert, cold, high altitude climate.
97	Unit 9.8 paper 1	9.8 Epidemiological Anthropology : Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.
98	<b>Doubt clearing session</b>	

TEST-8	Unit 1.7, 9.1, 9.8 paper 1	Timing 10:00am to 01: 00 pm
99	TEST 8 DISCUSSION	
100	Unit 10 PAPER 1	Concept of human growth and Development : Stages of growth—pre-natal, natal, infant, childhood, adolescence, maturity, senescence.
101	UNIT 10 PAPER 1	Concept of human growth and Development : Stages of growth—pre-natal, natal, infant, childhood, adolescence, maturity, senescence. CONTINUATION
102	Unit 11 PAPER 1	11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.
103	Unit 11 PAPER 1	11.2 Demographic theories-biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality
104	Unit 12 PAPER 1	Applications of Anthropology : Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics—Paternity diagnosis, genetic counselling and eugenics CONTINUATION
105	Unit 12 PAPER 1	Applications of Anthropology : Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics CONTINUATION
106	Unit 12 PAPER 1	Applications of Anthropology : Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics CONTINUATION
107	Doubt clearing session	
TEST-9	UNIT1.7, 9, 10, 11, 12 PAPER 1	Timings 10:00am to 01:00pm
108	TEST 9 DISCUSSION	

109	Unit 1.1, 1.2 PAPER 1	1.1 Meaning, Scope and development of Anthropology.& 1.2 Relationships with other disciplines
110	Unit 1.3 PAPER 1	Main branches of Anthropology, their scope and relevance (a) Social-cultural Anthropology. (b) Biological Anthropology. (c) Archaeological Anthropology. (d) Linguistic Anthropology
111	Unit 1.4 PAPER 1	Human Evolution and emergence of Man: (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre-Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution;
112	UNIT 1.4 PAPER 1	Human Evolution and emergence of Man: (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre-Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; CONTINUATION
113	<b>Doubt clearing session</b>	
114	Unit 1.5 PAPER 1	Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates
115	Unit 1.5 PAPER 1	Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates CONTINUATION
116	UNIT 1.6 PAPER 1	Phylogenetic status, characteristics and geographical distribution of the following : (a) Plio-preleistocene hominids in South and East Africa Australopithecines. (b) Homo erectus : Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis. (c) Neanderthal man—La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type). (d) Rhodesian man. (e) Homo saoiens—Cromagnon, Grimaldi and Chancelade.
117	UNIT 1.6 PAPER 1	Phylogenetic status, characteristics and geographical distribution of the following : (a) Plio-preleistocene hominids in South and East Africa Australopithecines. (b) Homo erectus : Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis. (c) Neanderthal man—La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type). (d) Rhodesian man. (e) Homo saoiens—Cromagnon, Grimaldi and Chancelade.
118	Unit 1.8 (A) PAPER 1	(a) Principles of Prehistoric Archaeology. Chronology : Relative and Absolute Dating methods.
119	Unit 1.8 (B) PAPER 1	(b) Cultural Evolution—Broad Outlines of Prehistoric cultures

120	Unit 1.8 (C) PAPER 1	(b) Cultural Evolution—Broad Outlines of Prehistoric cultures CONTINUATION
121	<b>Doubt clearing session</b>	
122	Unit 1.1 PAPER 2	Evolution of the Indian Culture and Civilization- Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic-Chalcolithic), Protohistoric (Indus Civilization). Pre-Harappan, Harappan and post- Harappan cultures. Contributions of the tribal cultures to Indian civilization.
123	Unit 1.2 PAPER 2	Palaeo—Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man).
124	Unit 1.2 Paper 2	Palaeo—Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man). CONTINUATION
125	Units 1.3 PAPER 2	1.3. Ethno-archaeology in India: The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities.
126	<b>Doubt clearing session</b>	
TEST-10	Unit- 1 of paper-1 Unit-1 of paper -2	Timing 10:00am to 01:00pm
127	<b>TEST 10 DISCUSSION</b>	
TEST-11	Paper-1 comprehensive test	Timing 10:00am to 01:00pm
128	<b>TEST 11 DISCUSSION</b>	
TEST-12	Paper-2 comprehensive test	Timing 10:00am to 01:00pm
129	<b>TEST 12 DISCUSSION</b>	



## OUR STUDENT Reviews



**PRAGNA**  
AFC JUNE 2023

Vishnu Sir Academy is panache kind of Academy, it's not like commercial, it has internalized teaching bringing an average student into a qualified version, I'm very much satisfied 😊



**Mamta yadav**  
AFC OCT 2021

I'm a student of Vishnu sir's anthropology batch , the amount of knowledge he has about the subject is unmatched and the pedagogy skills are so on point that he can make you understand every topic with ease. The tests, evaluation, guidance and personal attention a students gets by him is very much appreciable which you don't get anywhere else. His dedication to the students can be seen in the fact that he knows the name of each and every student of his.



**vaishnavi rane**  
AOC MARCH 2022

I am student of self paced online anthropology batch. I am sharing my experience after attending 2 months of the class. Initially doubtful whether online class would really help me or not but choosing Vishnu IAS academy was really the best decision I had made. 1. The best thing about the classes is that sir explains the concept in such an easy and lucid manner that any person new to anthropology can easily understand especially the anthropological theories. 2. What impressed me the most was sir's constant interaction with the students (online) either through the doubt clearing sessions or personally also. 3. Most important part is that you don't need to waste your time in searching case studies. Sir provides current affairs and daily snippets which provides rich value added content your notes. 4. Daily answer writing evaluation and critical test evaluation also helps in maintaining the consistency. 5. You can reach Vishnu sir at any time regarding doubts or other issues. His perseverance and punctuality always inspires me to keep going and work hard. I am sure that you won't regret joining Vishnu IAS academy. All the best 😊



**SURESH**  
AFC OCT 2020

I am one of the student of October-21 Anthropology batch student of Vishnu IAS academy. I am the bigginer and i am very much motivated by Vishnu sir's lectures. Sir is providing best teaching and value content material for Anthropology optional. I am thankful to Vishnu sir.



**GAYATHRI**  
AFC OCT 2020

Vishnu vardhan sir's Anthropology classes are really the best <sup>is</sup> ... The content that sir delivers and the material that sir provides are excellent. Moreover sir explains the topic in a very easy and in a Holistic way such that we could understand the topic perfectly and it stays in our minds. Apart from that sir gives moral boost to all which definition will take us way forward in our preparation.



**ANJANA P.S**  
AFC JUNE 2021

Definitely a one stop solution for Anthropology <sup>is</sup> ... Daily answer writing Correct by sir himself and peer to peer view, weekly test accompanied with model answers, Daily ON TIME class notes with case studies, Course completion on time..... Do attend the Orientation session by Vishnu sir and Make a wise decision.

# UPSC CSE - 2022

## CONGRATULATIONS TO OUR TOPPERS

PROUD MOMENT FOR  
**VISHNU IAS**

**AIR 3** UPSC  
CSE  
2022  
**UMA HARATHI N**



HIGHEST SCORE IN  
**ANTHROPOLOGY**  
**325** MARKS  
**AIR 110** NIDHI PAI

# OUR RANKERS

## UPSC CSE - 2022



**ARPIT R PARAKH**



**KASIRAJ PAVANSAI SAHITYA**



**RAVI MEENA**



**NAVEEN R**



**DEEPTHI CHAUHAN**



**SHASHANK**



**RAHUL R**



**AKSHAY**



**SUJITH SAMPATH**



**DONEPUDI VIJAY BABU**



**SAINATH**

## UPSC CSE -2021



**ROJA S RAJAN**  
AIR-108, 2021, IGP



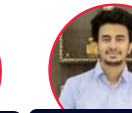
**DEVESH CHATURVEDI**  
AIR-148, 2021



**V MANEESHA**  
AIR-154, 2021



**CHAITANYA REDDY**  
AIR-161, 2021



**AKSHAY MAHADIK**  
AIR-212, 2021



**ASWIN**  
AIR-235, 2021



**SHARATH NAYAK**  
AIR-374, 2021



## UPSC CSE - 2020



**SREETHU S S**

AIR-163, 2020



**RINA PRADHAN**

AIR-194, 2020



**ARPIT R PARAKH**

AIR-342, 2020



**SOUMITH RAJU**

AIR-355, 2020



**VARSHITHA**

AIR-413, 2020



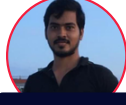
**PRUTHVINATH**

AIR-541, 2020



**MAHIMA TOMAR**

AIR-634, 2020



**KIRAN KUMAR**

AIR-652, 2020



**VIJAY BABU**

AIR-682, 2020



**NELLI HARIKA**

AIR-700, 2020



**AMRUTH HV**

AIR-732, 2020

## UPSC CSE - 2019



**SIRISETTI  
SANKEERTH**

IPS 2019



**MRUGENDRA LAL**

2018-IPS, 2019- IAS



**RAMIT  
CHENNITHAL**

AIR-210, 2019



**DR. PRASANNA**

AIR-524, 2019

# OUR COURSES

### UPSC CSE 2024

- GS - SUPER 50 PCM BATCH
- PRELIMS TEST SERIES (PPP)
- ANTHROPOLOGY FULL COURSE
- NCERT BRIDGE COURSE
- MAINS TEST SERIES (MOM)
- ANTHROPOLOGY TEST SERIES

### TSPSC GROUP-1

- PRELIMS TEST SERIES
- GENERAL ESSAY
- TELANGANA MODULE
- MAINS TEST SERIES
- RAPID REVISION PROGRAM
- DATA INTERPRETATION

### APPSC GROUP-1

- PRELIMS TEST SERIES
- AP MODULE
- MAINS TEST SERIES
- GENERAL ESSAY

**OUR RANKER Reviews**

AIR 163



SREETHU S S

★★★★★  
My self Sreethu SS. I got AIR 163 in UPSC Civil Services Examination, 2020 in my first attempt. The materials and support provided by Vishnu sir throughout my preparation was really commendable and words are not enough to express my gratitude. Thank you Vishnu IAS academy

AIR 194



RINA PRADHAN

★★★★★  
I am rina Pradhan, got AIR-194 in CSE2020. The classroom course, test series all are extremely good. Sir personally reviews the answer copy their motivation also sir guide me during my interview. no words to explain the gratitude.

AIR-210 (2019)



RAMIT CHENNITHAL

★★★★★  
I have rarely come across somebody like Vishnu sir who puts so much of efforts to ensure that his students clear the exam. That level of commitment is very rare to come by. Trust me, You are privileged to get Vishnu sir as Mentor to help you out.

IPS 2019



SIRISETI SANKEERTH

★★★★★  
When I approached Vishnu Vardhan sir, he gave special emphasis to me in evaluating answers on a priority basis and rectifying faults and suggesting the areas to improve. Thanks, Vishnu Vardhan sir for everything that you have done for me to crack this exam and get elite service.

AIR-210 (2019)



RAMIT CHENNITHAL

★★★★★  
I am very lucky to have your Guidance during my preparation that made me score very good marks in GS and also interview. Thank you so much Vishnu IAS Academy

2018-IPS, 2019-IAS



MRUGENDRA LAL

★★★★★  
Vishnu sir is a professional. He is well available for his students. His test series are exhaustive and cover all the topics.



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Whatsapp



Instagram




Youtube


# OUR UPSC CSE -2022 RANKERS




## OUR RANKER Reviews






  
**AIR-90, CSE 2022**  
UMA HARATHIN


Vishnu Sir Helped me in guiding Anthropology Optional, Sir guided me in Interview-2020 & 2022. My Rank is mainly because of marks I secured in Anthropology Optional.




  
**AIR 110**  
NIDHI PAI


I got Anthropology Optional & Interview mentorship from Vishnu Sir. Last year I got 226 marks in Anthropology, and this year I got 325. This 100 marks jump in Anthropology is responsible for my AIR 110. I am Very much thankful to Vishnu Sir for helping me in Anthropology.



  
**AIR-550, CSE 2022**  
NAVEEN R

I took Anthropology test series not one time but 2 times because of its quality. I recommend Vishnu Sir mainly because he is very accessible to his students anytime for which I am very much thankful to Vishnu Sir.




  
**AIR-630, CSE 2022**  
DEEPTHI CHAUHAN


I am Anthropology Student of Vishnu IAS Academy. Sir is guiding me since 2019 to 2022. Vishnu Sir is very much accessible and motivated me when I could not cleared. Thank you very much sir for your consistent support.



  
**AIR-733, CSE 2022**  
SHASHANK

Thank you so much Vishnu sir for your support. I am in touch with Vishnu sir since 2020 and joined the anthropology batch which helped me a lot. Also for prelims you have always motivated me and provided me with additional inputs. For eg this year the orangutan was question I still remember sir has given us this example during anthropology class. Thank you so much sir. Appreciate your efforts, sir. I'm hoping to write mains 2023 and with ur guidance clear this exam. Thanks again, sir . . .



  
**AIR-759, CSE 2022**  
AKSHAY

Vishnu Sir is known for his accessibility. He motivated me when I didn't cleared the exam last year. Vishnu Sir is accessible and supportive. This year I got 759 Rank, I promise sir that I will get better rank in 2023. Thank you sir



 Telegram



 Whatsapp



 Instagram



 Youtube





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