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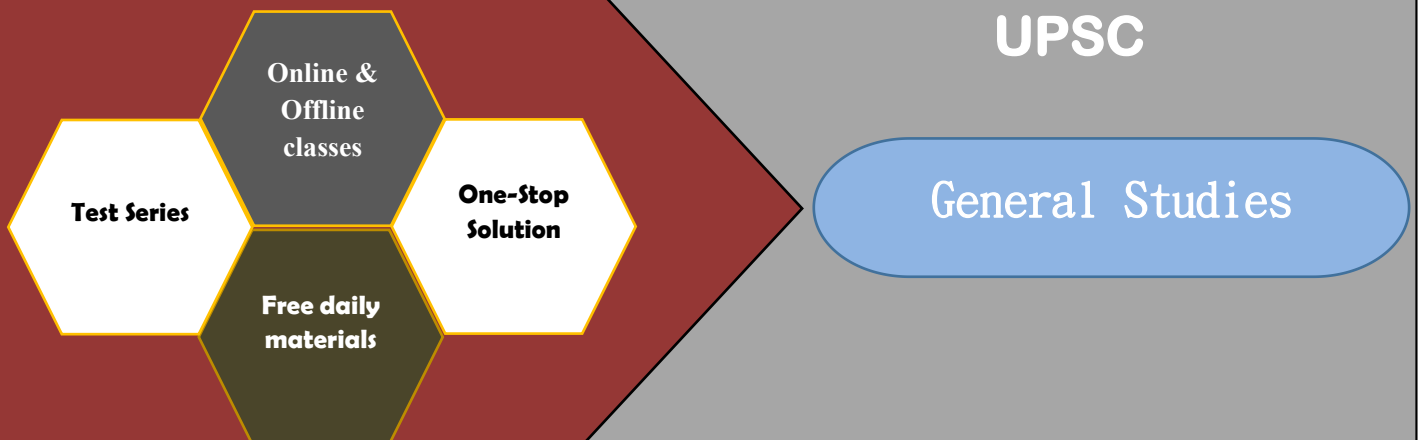
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Integrated-Child-development-Services-ICDS

Notes for civil services preparation



Integrated Child Development Services (ICDS)

- The ICDS is a government programme in India which provides food, preschool education, primary healthcare, immunization, health check-up and referral services to children under 6 years of age and their mothers.
- The scheme was launched in 1975, discontinued in 1978 by the government of Morarji Desai, and then relaunched by the Tenth Five Year Plan.
- Tenth FYP also linked ICDS to Anganwadi centres established mainly in rural areas and staffed with frontline workers.
- The ICDS provide for anganwadis or day-care centres which deliver a package of six services including:
 1. Immunization
 2. Supplementary nutrition
 3. Health checkup
 4. Referral services
 5. Pre-school education(Non-Formal)
 6. Nutrition and Health information

Implementation

- For nutritional purposes ICDS provides 500 kilocalories (with 12-15 grams of protein) every day to every child below 6 years of age.
- For adolescent girls it is up to 500 kilo calories with up to 25 grams of protein every day.
- The services of Immunisation, Health Check-up and Referral Services delivered through Public Health Infrastructure under the Ministry of Health and Family Welfare.

Revamp for Urban Areas

- Health and ICDS models that work in rural areas may not work in urban areas because of higher population density, transportation challenges and migration.
- Children in urban areas were overweight and obese as indicated by subscapular skinfold thickness (SSFT) for their age.
- The first-ever pan-India survey on the nutrition status of children, highlighted that malnutrition among children in urban India.
- It found a higher prevalence of obesity because of relative prosperity and lifestyle patterns, along with iron and Vitamin D deficiency.
- According to government data from 2018, of the 14 lakh anganwadis across the country there are only 1.38 lakh anganwadis in urban areas.